RUNWAY to REALITY with brother + BurdaStyle

5 Looks Brought to Life

STEP BY STEP
Sewing guide for each look

PLUS
2 BurdaStyle patterns included!
LOOK # 1

Sheath Dress

What you’ll need
Brother Machines used:
- Brother 5234PRW Serger
- Brother NQ3500D Combination Sewing & Embroidery Machine

BurdaStyle Pattern:
- Long Sleeve Sheath Dress 11/2015 #114

Materials:
- 2 yards stretch novelty knit
- 25 grommets
- 8 yds shoe lace trim
- Little piece of fusible knit interfacing
1. Place the center back pieces right sides together and serge up seam. Serge up the side seams of the skirt.

2. Flip down the top skirt allowance 1" and pin in place.

3. Install the twin needle on the Brother NQ3500D Combination Sewing & Embroidery Machine and topstitch the 1" allowance down on the top edge of the skirt.

4. Flip the edges inwards of the front top piece and pin in place. Sew in place from the right side with the twin needle. Also sew the darts.

5. Serge the center back seam. Flip up the hem of the back piece and twin needle in place.

6. Mark the grommet placement on either side of the edges. I marked and spaced mine all 3" apart.

See the preparation steps here!
**LOOK # 1**

Sheath Dress

7. Iron the little pieces of interfacing over the markings, and make a little cut with scissors. Insert the grommet into the fabric slit and position on a piece of wood also placed in the grommet tool.

8. Hammer in the grommet with the tool and repeat for all other grommets in the bodice.

9. Serge the shoulder seams of the bodice together.

10. Serge the sleeve in place starting from the back and ending where the top front piece stops.

11. Measure 1" from the top bodice along the sleeve and position the lower bodice at that marking and serge the rest of the sleeve.

12. Pin together the side seams from the sleeve hem to the bodice hem and serge in place.
13. Insert all the grommets along the top of the skirt and weave together the bodice and skirt.

14. Weave the shoe lace in place along the top bodice.

15. Sew the sleeve and skirt hems with the twin needle.

16. Flip down the allowance at the neck and hand stitch in place at the seams.
**WHAT YOU’LL NEED**

Brother Machines used:
- Brother 3034D Serger
- Brother NQ1300PRW Combination Sewing & Quilting Machine

BurdaStyle Pattern:
- Raglan Sleeve Shirt (Plus Size) 05/2015 #129A

Materials:
- ¾ yd of stretch jersey
- ½ yd novelty eyelash knit
- Ball point needle
LOOK # 2

Raglan Sleeve Shirt

1. Serge the front and back shoulder seams together.

2. Lay the front and back pieces open flat and pin the sleeves along the armhole edges, serge in place. Then serge the side seams together of the top and sleeve.

3. Serge the other side seam together as one continuous seam.

4. Serge the sleeve hem edges to keep them neat.
5. Install a ball point needle on the Brother NQ1300PRW Combination Sewing & Quilting Machine and from either the wrong or right side topstitch the hem in place with a zig zag stitch.

6. Fold up the hem allowance of the top and topstitch in place in the same manor as the sleeves (with a zig zag stitch), then repeat along the neckline.
She took on quite a garment and made it in only a day or two (quite the Project Runway deadline) so thankfully she had these perfectly suited Brother machines at her side.

BurdaStyle Pattern:
• Double Breasted Jacket 09/2011 #123

Materials:
• 2¾ yd black satin
• ¼ yd woven fusible interfacing
• 1 hook fastener
• Shoulder pads (optional)
1. Sew the darts in both front pieces and press downwards with an ironing ham.

2. Sew both front pieces to the side front pieces and press open the seam allowances. Serge raw edges of the piece to prevent fraying.

3. Sew the center back seam together, and then sew the side back pieces to the center back piece. Serge all the seam allowance edges and press open.

4. Sew the shoulder seams together of the back and front pieces.

5. Interface one of each collar piece.

6. Sew the interfaced collar stand piece to the upper neck edge matching centers, and allowing the excess collar stand to extend unattached.

See the preparation steps here!
7
Sew the collar pieces together along the three outside edges, clip and grade the seam allowance, flip to right side, press and topstitch.

8
Sew the collar to the already attached interfaced collar stand. Then pin the un-interfaced collar stand piece to the other side of the collar, sandwiching the collar in-between the two collar stands.

9
Make sure the raw end edges are turned under on the un-interfaced collar stand piece. Sew from the top of the fold and pivot to stitch along the neck edge. Flip to the right side and press in place.

10
Serge the small top and inside edge of the front facing pieces.

11
Sew the front facing pieces to the front pieces along the outside edge from the top marking all the way to the bottom.
To finish the collar, pin and sew the top portion of the front facing pieces to the collar stand and upper neck edge seam. Make sure to avoid the upper collar stand while sewing. Clip the seam allowance and into the corner before flipping right side out.

Sew the darts in both sleeves, then sew the under sleeve to the top sleeve. Then sew the other sleeve seam enclosing the sleeve. Press and finish all seam allowances.

Stitch the side seams of the blazer, placing the front and back pieces right sides together and sewing.

Stitch a small basting stitch along the sleeve crown and ease into the armhole of the blazer.
16
Press up the hem allowance of the sleeve and either topstitch in place or hand stitch from the inside for an invisible finish.

17
Serge the lower three edges of the back facing piece, and sew it into the blazer right side up under the collar stand and to the neck edge seam allowance. Slipstitch in place by hand along the collar stand edge.

18
Try on the blazer and finalize the desired length. Press up hem allowance and stitch in place by hand or topstitch.

19
Hand sew a hook and bar closure on the jacket, and to determine the best placement for it try on the blazer in a mirror.
Peplum Top + Skirt

WHAT YOU’LL NEED

Brother Machines used:
- Brother PQ1500SLPRW High Speed Straight Stitch Sewing Machine
- Brother 5234PRW Serger

BurdaStyle Patterns:
- Pleated Peplum Top 11/2012 #120
- High Waisted Skirt 02/2011 #107B

Materials:
- 1¾ yds stretch cotton poplin
- 1 yd printed non-stretch cotton
- ½ yd ½" wide elastic
- 2 invisible zippers, 1 white, 1 black
- 5 buttons
- little piece of fusible woven interfacing
1. Sew the darts in the front and back bodice starting at the waist seam and tying a knot at dart tip to secure the dart. Press dart intake towards the center front and back.

2. Serge all four of the side seam edges, and pin right sides together.

3. Sew both of the side seams together.

4. Press the side seams open.

5. Pin both of the sleeve seams right sides together, and sew from underarm point to sleeve hem. Serge seam allowances together and press to one side.

6. Flip the sleeves right side out and insert into the bodice matching up the underarm points. Sew the sleeve to the bodice along the armhole.

See the preparation steps here!
Lay out the peplum pieces right side up with the pattern near by. Lay the pleats in the peplum pieces as per the direction arrows on the pattern. Baste the pleats in place inside the seam allowance.

After the pleats are all basted in place, sew the peplum side seams together and place right sides together with the bodice waistline and sew. Finish the seam allowances together.

Starting from one center back seam, serge the elastic to the wrong side of the neckline edge slightly stretching the elastic as you sew. Then flip down the elastic and topstitch from the right side with the sewing machine.

Install the invisible zipper on the machine and sew the invisible zipper into the center back seam of the bodice. Then trim the excess of the zipper and sew the rest of the center back seam.

To finish the bodice press up the hem allowance and topstitch in place.
Iron the woven fusible interfacing to the waist facing pieces. Also mark the front skirt darts.

Sew the darts in the front skirt and cut 1¼" wide strips of interfacing and iron to the center front edges of the skirt.

On the left skirt (looking at the skirt, not wearing) press the center front edge in towards the wrong side 1¼" and pin.

Unfold the one pressed front edge and pin the front waist pieces to the skirt and sew in place.
**LOOK # 4**

**High-Waisted Skirt**

17. Serge the outer edges of the facing and re-fold in the center front edge.

18. Place the left skirt over the right with the pressed edge 1¼” in from the serged edge. Pin in place and topstitch 1” in from the pressed edge of the left skirt.

19. Sew the section seams of the back skirt.

20. Sew the interfaced back waist facing to the back skirt.

21. Flip up the facings at one of the side seams and sew the front to the back skirt starting at the edge of the facing all the way to the skirt hem.
22 Install the invisible zipper foot into the machine and sew the invisible zipper to the side seam opening edge. Finish the bottom of the zipper and hand sew the facings to the top zipper edges.

23 From the right side of the skirt mark the button placement and sew the buttons in place by hand.
WHAT YOU'LL NEED

Brother Machines used:
• Brother PQ1500SLPRW High Speed Straight Stitch Sewing Machine
• Brother 5234PRW Serger
• Brother NQ3500D Combination Sewing & Embroidery Machine

BurdaStyle Patterns:
• Shirt Dress 04/2010 #116

Materials:
• 3 yds printed poly crepe de chine
• 1 yd acetate lining
• 3 packages of black satin ribbon all different widths (1", ½", ¼"
• 5 silver buttons
• Small piece of lightweight woven fusible interfacing

I picked this pattern because it already had a center front button and buttonhole placket as well as set in sleeves and a collar.*
1. Sew the darts in the front bodice pieces.

2. Lay the back yoke piece with the lower back bodice piece, right sides together and sew. Press downwards and topstitch from the right side so you are sewing the seam allowance down in place.

3. Repeat for attaching the yoke to the front bodice pieces except press seam allowances downwards away from the yoke.

4. Assemble the collar. Note for this style I only used the collar stand and I have it act as the collar. Sew the collar pieces right sides together and trim seam allowances. Turn to right side and press, then topstitch around the edges.

See the preparation steps here!
5

Sew the lower collar opening edge to the neckline of the bodice. Unfold the center front plackets (that are only pinned and not sewn down) then sandwich the collar in between the layers and sew around the neckline.

6

Once the collar is sewn to the bodice, from the wrong side, topstitch the front button and buttonhole plackets down in place. About ¼” from the fold.

7

Mark the buttonhole placement on the left front bodice facing you.

8

Install the buttonhole foot on the Brother Innov-is NQ3500D machine and sew buttonhole into the front bodice as per the markings.

9

Change the stitch length setting on the Brother PQ1500SLPRW Sewing Machine to 4 and baste the pleats in the sleeves in place. Also sew a basting stitch in the sleeve crown to slightly ease the sleeve into the bodice armhole.

10

Sew the sleeve into the bodice armhole edge and then serge all the allowances together. Sew the side seam of the bodice and the sleeve seam in one continuous seam, matching the underarm points. Flip to the right side.
11. Sew the skirt lining seams all together and hem the bottom edge.

12. Sew the two side seams of the skirt, right sides together and serge allowance together and press towards one side. Open skirt and lay right side up on table.

13. First lay the widest ribbon in place about 2” up from the bottom edge. Pin in place and then topstitch in place. Pivot at the corners for the wider ribbon and sew next to both top and bottom edges to secure in place.

14. Using a sewing gauge space the other ribbons 1” up from one another. Sew in place.

15. Once all the ribbon is sewed in place, serge up the center back seam of the skirt.

16. Hem the skirt piece and sew the center back seam right sides together and press. Then put the skirt lining inside the out skirt matching up side seams. Stitch a holding stitch around the waist to keep these two layers together.
17
Sew the skirt to the bodice around the waist. Make sure to match up side seams.

18
You can finish the sleeve hems with either a serged piece of elastic (for a more puffy sleeve) or sew in a cuff. For the cuff simply measure the sleeve hem opening edge and cut a piece of scrap fabric that length plus 1” and then double the desired cuff width plus 1”.

19
For a customized scarf install the embroidery arm onto the Brother NQ3500D Combination Sewing & Embroidery Machine and choose the letter font you like. Then type in the desired word.

20
I embroidered the fabric of the scarf before I sewed it. I chose to embroider near one of the scarf end edges.

21
For the scarf, finish all the edges with the double roll hem foot on the Brother PQ1500SLPRW Sewing Machine since the scarf is only one layer. Sew from the wrong side of the fabric.